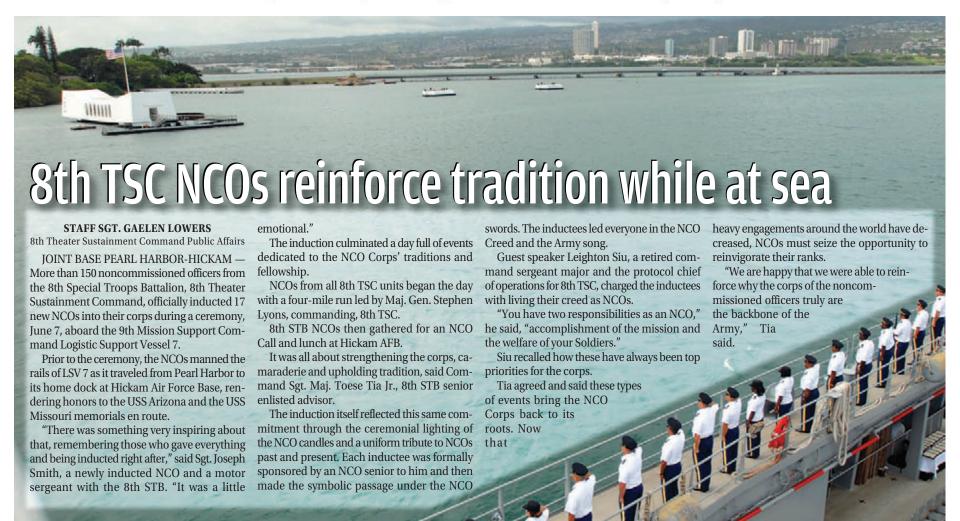
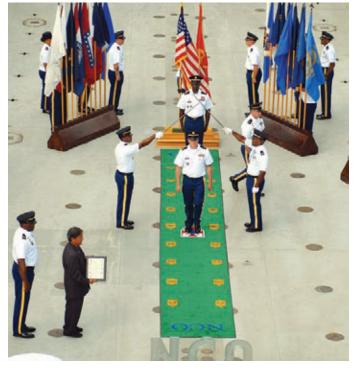
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 $JOINT\ BASE\ PEARL\ HARBOR-HICKAM-Soldiers\ with\ the\ 8th\ STB,\ 8th\ TSC,\ man\ the\ rails\ of\ the\ 9th\ MSC's\ Logistic\ Support\ Vessel\ 7\ to\ render\ honors\ to\ the\ USS\ Arizona\ during\ an\ NCO\ Induction\ ceremony,\ June\ 7.$ (Photo by Spc. David Innes, 8th Theater Sustainment Command Public Affairs)



Sgt. Joseph Smith, motor sergeant, 8th STB, 8th TSC, passes under the NCO swords to be officially inducted into the ranks of the Noncommissioned Officer Corps during an NCO Induction ceremony aboard the 9th MSC's Logistic Support Vessel, June 7. (Photo by Spc. David Innes, 8th Theater Sustainment Command Public Affairs)



The 17 newly inducted noncommissioned officers from the 8th STB, 8th TSC, raise their right hand and recite the NCO Charge aboard the 9th MSC's Logistic Support Vessel 7 during an NCO Induction, June 7. (Photo by Sgt. 1st Class Mary Ferguson, 8th Theater Sustainment Command Public Affairs)

Soldiers to see fewer duty station moves

Hawaii assignments to remain three-year tours

DAVID VERGUN

Army News Service

WASHINGTON — The Army would like its enlisted Soldiers to remain on station for at least 36 months, and career managers are aiming to see that they will, said a director from Human Resource Command.

Exceptions apply for drill, deployment, recruiting, more

In late 2012, senior Army leaders "asked us to look for ways to increase unit readiness, stability and predictability for Soldiers and families," said Col. Robert Bennett, director, Enlisted Personnel Management Directorate.

Keeping Soldiers on station for a longer period of time would accomplish those goals, said Bennett, who said he met with leaders in his directorate to go over options and implementation of the plan.

Exceptions

The increase in time-on-station is affecting most, but not all of around 432,000 enlisted Soldiers. There are multiple exceptions to the effort to keep Soldiers on station for 36

The most important of those exceptions is deployment, Bennett said. If there is a need for Soldiers to deploy, then the mission comes



Soldiers of the 34th Sapper Company, 65th Engineer Battalion, 130th Eng.Brigade, 8th Theater Sustainment Command, employ handheld detectors while conducting dismounted route clearance under the watch of a Scout Weapons Team at Fort Irwin's National Training Center. See the related story on p.A-3 about how sequestration has affected training. (Photo by Clarence Butler, National Training Center Public Affairs)

first, he said.

The Army also has several high-demand career field positions, such as recruiters and drill sergeants. If the Army needs Soldiers to fill those positions that, too, would be a reason to move Soldiers to a new location before

they complete 36 months at a duty station. Special duty positions, such as in the intelligence community or at the White House Communications Agency, for example, are also exceptions.

Professional development of Soldiers is also an exception, Bennett said. For example, if a staff sergeant gets promoted to sergeant first class, he or she might be moved to fill a billet that is more commensurate with the increased rank and ability to lead.

Soldiers with special needs children might also be exempted from the time-on-station effort. For example, Bennett said, a Soldier may get a compassionate reassignment to a location with better support for a special

Soldiers assigned to Korea will continue to serve there for one year, not three. But existing policies for Soldiers assigned in Germany, Hawaii and Alaska remain unchanged; those Soldiers are already locked into three-year

Finally, Soldiers have been in the past offered the opportunity to choose a new duty station as part of a re-enlistment option. The previous requirement for first-term Soldiers re-enlisting was 12 months on station, Bennett said. That has now been increased to 24 months for priority 1 and 2 assignments, which include some units that are deploying, warrior transition units, ROTC cadre and other special assignments that have "senior leader emphasis.'

Re-enlisting Soldiers who choose follow-

DOH warns of hepatitis A cases

Berry product voluntarily recalled to protect consumers

HONOLULU — The Hawaii State Department of Health is investigating three adult cases of hepatitis A infection, two on Oahu and one on Kauai.

All cases have a history of consuming a frozen berry product from Costco.

Townsend Farms Organic Antioxidant Blend, which is distributed by Costco, has been implicated in the multistate hepatitis A outbreak. The residents, who became ill in early-to-late May, are recovering or have recovered. One required brief hospitalization.

The product was sold at Costco stores in Hawaii and has been voluntarily recalled. DOH has been advised by a Costco representative that the product was pulled from its shelves in all Hawaii stores from May 29-30.

Costco reports it has been contacting all customers who purchased the product regarding its recall. The public is advised to discard or return any remaining

Hepatitis A is a virus that can cause fever, fatigue, loss of appetite, abdominal discomfort, dark urine, diarrhea, and yellow skin and eyes. Illness usually occurs from two weeks to as long as 50 days after consumption of contaminated food or water. For example, illness can come from food prepared by an infected food handler who did not properly wash his/her hands or from produce contaminated in the

See PCS A-3



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25th Combat Aviation **Brigade** CPT Richard Barker 656-6663

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├ Police Call <mark></mark>

Missing children are a command 'all-call'

COL. MARK JACKSON

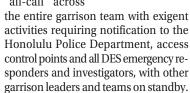
Director, Emergency Services, U.S. Army Garrison-Hawaii, and Commander, 8th Military Police Brigade, 8th Theater Sustainment Command

To our community parents and neighbors, the garrison commander (Col. Dan Whitney) and I would like to address a recent spate of incidents involving missing children. These incidents are always alarming

and stressful for our entire community, including our emergency responders, parents and neighbors. Missing children are normally associ-

ated with one of three scenarios: (1) most commonly, uncoordinated parental or child activities, (2) a runaway, or (3) the heart-wrenching scenario of child abduction.

U.S. Army Garrison-Hawaii's Directorate of **Emergency Ser**vices treats all missing children as potential child abduction. Our response is an "all-call" across



Provost Marshal Operations will place

a "Be On the Lookout," or BOLO, to synchronize all surveillance and search efforts. Community bulletins are released on garrison and DES Facebook to notify the local community. Our response efforts may include ve-

hicle surveillance or searches entering or exiting access control points; investigative interviews of the family, friends and neighbors for last-known information or suspicious activities; ground and building searches; and investigating tips or leads from helpful community members.

We ask for your continued assistance in our community response to missing children. Parents, please remind your children of the importance of communicating with you regarding their where-

abouts, being responsive to your phone calls or texts, and to call 911 in any emer-

In the event of a missing child, especially when associated with changes in routine patterns, we ask parents to im-

mediately call law enforcement before

checking with neighbors and friends. In incidents involving missing children, time is of the essence.

Similar to federal and many state laws, USAG-HI policy prohibits leaving children under the age of 10 years alone, anywhere. Because of the obvious vulnerabilities and risks associated with children who may become isolated or

See DES A-4

BACKTOBASICS

196th holds piece of B2B puzzle

Battalion is 'proactive'

MASTER SGT. MICHAEL ODLE 196th Infantry Brigade

Many Soldiers heard that the Army is involved in a campaign claiming that we need to get back to basics. This title confuses many because,

at first, one thinks the title is refer-

ring to basic Soldier skills, such as rifle marksmanship and other combat related abilities. However, it refers to the core Army Values, basic soldierly disci-



pline and leadership qualities that have seemingly been pushed by the wayside during the past decade of

According to an article entitled "Back to Basics" by Charles Allen, "Discipline in the ranks has become a casualty of war."

Many can recall when prewar standards for entering the Army were pushed aside in order to meet the required numbers necessary to support America's commitment in the war on terror. The need for more Soldiers in the operational environment caused a lessening of required standards, as well as a shortening of professional schools, and the results are being reflected in the apparent disci-

of today.

What are we doing to fix it?

The Support Battalion, 196th Infantry Brigade, has been very proactive in its efforts. The battalion is unlike what you would expect from a typical support battalion in its day-today operations.

One of its main missions was receiving mobilized Reserve component units and training them up on the latest tactics, techniques and procedures prior to their deployment to any of a myriad of locations around the world. It has been its job to assess the unit and help them prepare for a successful deployment through training on specific tasks and assisting the leadership with shoring-up any identified weaknesses.

To accomplish this mission, the battalion is made up of commissioned and noncommissioned officers who serve as subject matter experts covering all aspects of combat arms, service and support, and technical matters. These experts are dedicated to sending the mobilized unit forward as prepared as possible.

Recently, the battalion's team chiefs (captains) used their experiences gained through past platoon leader and company command time. They mentored a struggling platoon leader (a lieutenant) who was in charge of the mobilized platoon getting ready to deploy.

Discipline issues were identified within the platoon. These issues Battalion's senior enlisted leader.)

pline and professionalism problems brought to light an evident lack of trust in the platoon leadership from their subordinates and an overall lack of professionalism and discipline.

> Instead of micromanaging the platoon, the team chiefs coached and thus empowered the lieutenant with the guidance and direction he needed to address his platoon issues themselves. The lieutenant emplaced standards that would lead to a more disciplined, productive and cohesive

The coaching from the experienced captains to the young platoon leader will help the lieutenant build a more solid foundation from which he will grow stronger leadership qualities and characteristics.

Instead of a Band-Aid fix, Soldiers of the Support Bn. took steps that would ensure a brighter future for the platoon leader, and thus the platoon, as a whole.

Of course, the Support Bn. is pressing forward with the Army's mission of re-energizing and reinforcing a sense of professionalism, discipline and heritage through a proactive leader development program, led by the brigade and battalion command senior enlisted leaders, but it doesn't stop there. The Soldiers of the Support Bn. took a personal approach to it through their actions and demonstrated dedication to improving the Army, whenever the opportunity presents itself.

(Editor's note: Odle is the Support



Why does the Hawaii Army Weekly publish courts-martial findings?

The Office of the Staff **Judge Advocate releases** the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.

SJA posts courtsmartial results

The Office of the Staff Judge Advocate, 25th Infantry Division, publishes the result of the following recent courts-martial.

A sergeant from 1st Battalion, 14th Infantry Regiment, 2nd Stryker Brigade Combat Team, was found guilty of one specification of Article 90, disobeying a superior commissioned officer; six specifications of Article 109, destruction of property other than military property: one specification of Article 120, sexual assault; seven specifications of Article 128, assault consummated by a battery; and six specifications of Article 134, disorderly conduct.

The sergeant was sentenced to 16 years confinement and dishonorably discharged from the armed forces.

In addition to forfeiture of pay (either adjudged or by operation of law), confinement and a punitive discharge, this Soldier will also have a federal conviction that the Soldier must report when filling out a job application.

A federal conviction strips this Soldier of many rights, such as the right to purchase and maintain firearms and the right to vote.

FT TSTEPS in FAITH

Humility mystifies, graces folks in materialistic society

CHAPLAIN (CAPT.) CHRIS HODGE

130th Engineer Brigade

8th Theater Sustainment Command

As a minister and chaplain, I am quick to speak of God's grace — the unmerited forgiveness given to all those who would seek it that comes only by the cost paid by God himself.

That being said, in the western church and our society, as a whole, there is an important truth that seems to have been almost forgotten today. This truth is that God's grace comes to those of us who humble ourselves before him.

James 4:6 states, "... God opposes the proud, but gives grace to the humble."

Humility is a character trait that is quite mystifying to a society where success is measured by the amount of things or accomplishments that we have attained. Our society says that if we don't meet a specific standard, then our worth is less than those who attain that standard.

The problem with this thinking is that God's standard is that of selfless service rather than self-glorification. A perfect example is Jesus, who despite be-

ing the Son of God, the creator of the universe, came to this earth as a servant. a washer of feet and one who laid down his life for ours. He didn't seek riches. fame or power. He showed that true love is focused on others, not self.

Hodge

Grace is, by definition, unmerited favor. It's that blessing that we neither deserve nor have earned. God's love and forgiveness does not come by our good

works or intentions. It comes by the realization that we are not able to live our lives according to God's standard.

Jesus said, "God blesses those who are poor in spirit and realize their need for him, for the Kingdom of Heaven is theirs" (Matthew 5:3).

So, then, if all we are and do is by the grace of God, then we should seek his amazing grace above all else. The biblical answer is that we put on a spirit of repentance and humble ourselves. The Scripture is clear that it is by his grace that we are saved.

In my years as a missionary in Russia, the most important lesson that I learned was that people were seeking unconditional love. I could speak eloquent theology and argue the different aspects of doctrine, but in the end, it was always the undeserved love of God that won their hearts.

That is what is so amazing about God. In his eyes, we are all worthy of love. His standard is so different from ours. When we humble ourselves, we put ourselves in a position to receive grace because we are no longer trying to obtain favor by our own actions or abilities.

Pride is the opposite. It closes us off to receiving.

Humility also puts us in a position to give, to share and to help others. When we no longer make it about "me," then we can be there for others. A humble spirit is the key to doing great things when it comes to situations or needs that involve others. A humble spirit reflects back the undeserved love of God that we ourselves have received.

Let us then humble ourselves and receive that love, and let us dedicate ourselves to sharing it with those all around us who so desperately need it.

The U.S. Army's birthday is June 14.

"How will you celebrate the Army's 238th birthday?"

Photos by 25th Infantry Division Public Affairs



cuing with my family.'

"I will be barbe-

Staff Sgt. Ranilo Bacani G1 awards noncommissioned officer in charge, I&S Co., HHBN, 25th ID



"I will be attending the Army Commemoration

Carol David Executive assistant of the commanding general, HSC, HHBN, 25th ID



the beach with my family.'

Sgt. Justin Hagarman Chief of staff driver and administrator HSC, HHBN, 25th ID



ing at the Army Commemoration

> Spc. Puakaleihua Westbrooks Protocol adminis trator, HSC, HHBN, 25th ID



bering past deployments and service while barbecuing with my family and friends on the beach.' Capt. Daniel

"I will be remem-

Zimmer Aide-de-camp to the commanding general, HSC, HHBN, 25th ID

Army to host July 4th event for military, families

son-Hawaii will host a July 4th celebration, here, for military members and their families to pay tribute to their contributions in the defense of freedom.

"This is the first time in almost 10 years that most of our Hawaii-based service members are home to enjoy the freedoms they've fought for, and to celebrate together with their families," said Col. Daniel Whitney, commander, USAG-HI. "We owe our service members a debt of gratitude for the sacrifices they have made, and we appreciate the community's understanding as we focus this year's event on our military ohana.'

In the past, the Army has opened the July 4th event to the public; however, Army officials are forecasting that Schofield Barracks will reach maximum field capacity this year due to conditions that did not exist in previous years, including the return of most service members from deployment, and Joint Base Pearl Harbor-Hickam and Marine Corps Base Hawaii not offering fire-



Concertgoers celebrate the Fourth of July on Hamilton Field, Schofield Barracks, July 4, 2012. This year's festival will only be open to military members and their families to accommodate conditions such as returning service members and safety concerns. (File photo)

Because of these capacity and safety concerns, ID cardholders. This group includes military

the event will be open to Department of Defense members, their families, military retirees, DOD

Fourth of July

Visit garrison's Family and Morale, Welfare and Recreation website for Fourth of July Spectacular news at

www.himwr.com/special-events/latestnews-and-events/1158-2013-4th-of-julyspectacular.

civilian employees and their authorized guests.

"Ensuring safety and security on our installations is always the Army's top priority, and maintaining safety, capacity and security at a large event like this is absolutely critical," Whitney

"We recognize that this year's change may be disappointing to our surrounding friends and neighbors who were planning to attend; however, we hope they will understand. Safety must come first," he explained.

The Schofield Barracks July 4th event annually attracts between 30,000 to 50,000 attendees.

Hagel details budget request, calls for more BRAC

JIM GARAMONE

American Forces Press Service

WASHINGTON — Sequestration and the need for another base closure and realignment commission headlined Defense Secretary Chuck Hagel's testimony before the Senate Appropriations Committee's defense subcommittee,

Hagel and Gen. Martin Dempsey, chairman of the Joint Chiefs of Staff, defended the president's request for \$526.6 billion for the Defense Department's fiscal year 2014 budget and an additional \$79.4 billion for overseas contingency operations.

"This budget enables the department to support troops still at war in Afghanistan, protect readiness, modernize the military's aging weapons inventory in keeping with the president's strategic guidance and sustain the high quality of the all-volunteer force," Hagel said. "This budget also continues the department's approach of the last couple of years of targeting growing costs in areas of support, overhead, acquisition and pay and benefits."

But the specter of sequestration hangs over the budget. DOD is absorbing \$37 billion in fiscal 2013 spending cuts, which has necessitated furloughs of 700,000 civilian employees for up to

DOD also has cut facilities maintenance, insti-



Secretary of Defense Chuck Hagel testifies during a hearing before the Senate Appropriations Committee's defense subcommittee on Capitol Hill, Tuesday. (Photo by D. Myles Cullen)

tuted hiring freezes, cut overhead and reduced important, but lower-priority programs, the secretary told the senators, noting that the department has submitted a request to Congress to al-

low Pentagon officials to shift \$9.6 billion in other programs.

"We ask this subcommittee's assistance in providing rapid review and approval of this critical reprogramming request," Hagel said.

The spending cuts have forced the services to reduce training and maintenance of non-deployed operating forces, Hagel said.

'The Army has stopped rotations at its key combat training centers for all but deploying units. More than a dozen combat-coded Air Force squadrons either already have or will soon stop flying, and the Navy has curtailed deployments," the secretary said. The fiscal 2014 budget request is based on

\$487 billion in spending reductions over 10 years mandated by the Budget Control Act of 2011. It does not include the effects of sequestration, Hagel told the panel, and if sequestration continues, it will mean a further \$500 billion on top of the already agreed-to cuts.

"The president's (fiscal) 2014 budget replaces sequestration and gives the department the time and flexibility to plan and implement spending reductions wisely and responsibly," he said.

Under this request, Hagel added, DOD has identified \$34 billion in new savings, including weapons program restructuring and terminations that achieve \$8.2 billion in savings, slowdowns in military construction and reductions in

The budget request's military compensation package "preserves DOD's world-class pay and benefits while putting our military on a more sustainable path for the future," Hagel said. "It includes changes to the Tricare program to bring the beneficiary's cost share closer to the levels envisioned when the program was implemented."

The budget request calls for one base realignment and closure round in 2015.

"BRAC is an imperfect process, and there are up-front costs, but in the long term, there are significant savings," the secretary said. He noted that previous BRAC rounds now save \$12 billion

The budget request isn't all about cuts, Hagel noted. The defense strategic guidance issued in 2012 identified areas that must be increased. These include implementing the military rebalance to the Asia-Pacific region, maintaining America's nuclear stockpile, increasing cyber capabilities and sustaining the growth of special operations forces.

"Finally, this budget seeks to preserve a combat-ready force and sustain the high-quality allvolunteer force," he said.

Hagel assured the senators that the Defense Department will continue to find new ways to operate more affordably, efficiently and

PCS: New tour goal being met

CONTINUED FROM A-1

on assignments that are not priority 1 or 2 will likely have to remain on station the full 36 months before getting their location choice, Benett said.

Return to normal

Prior to 9/11, three-year tours were the norm. It was overseas contingency operations in Iraq and Afghanistan that had Soldiers moving from one installation to the next with less than 36 months at one duty station. But as operations draw down, the Army's goal of 36 months is pretty much being met right now, Bennett

Now, things are becoming more stable and predictable, and Bennett said he thinks Soldiers and their families as a whole are appreciative of that.

On top of that, a reduction in permanent change of station, or PCS, moves helps the Army save money, Bennett said.

"We want to make everyone happy," he said, "but at the end of the day, it's about Army requirements. That's the driver."

Recall: Many adults not vaccinated, susceptible to hepatits A

CONTINUED FROMA-1

Persons should seek medical attention immediately should they develop symptoms.

"Hepatitis A infection is a vaccine preventable disease, and fortunately, most children and adolescents have been vaccinated as part of routine childhood vaccination recommendations, said Dr. Sarah Park, state epidemiologist. "However, many adults have not been vaccinated and will be susceptible."

Hepetitis A

Call Judy Kern, Disease Outbreak Control Division, 587-6372.

Get more information at these sites: •Multistate outbreak, at the CDC, www.cdc.gov/hepatitis/Outbreaks/2013/A 1b-03-31/index.html.

•Hepatitis A, at the Department of Health fact sheet, http://hawaii.gov/health/DOCD/DIB/He patitisA.html.

•Pharmacies that provide hepatitis A vaccine at http://hawaii.gov/ health/Immunization/Documents/ AdultVaxResourceList.pdf.

Anyone who consumed the implicated product during the past month is encouraged to consult a medical provider regarding vaccination. Most persons with hepatitis A infection will recover without complications, but they may re-

quire supportive therapy and close monitoring by their physician.

All cases of suspected hepatitis A infection should be reported to the Department of Health at 586-4586.



If you have this product, discard or return it to Costco. If consumed and hepatitis A symptons are suspected, contact the Hawaii State Department of Health immediately. (Courtesy photo)

A-4 | JUNE 14, 2013 HAWAII ARMY WEEKLY SOLDI



Lt. Col. James Droppelman (front left), commander, 524th CSSB, 45th Sust. Bde., 8th TSC, and Command Sgt. Maj. Marco Torres (front right), senior enlisted adviser, 524th CSSB, case the colors during a ceremony on Hamilton Field, May 31, before the unit's upcoming deployment to Afghanistan, later this month.

524th CSSB deploys to Afghanistan

Sttory and photo by

SPC. ERIN SHERWOOD

Theater Sustainment Comm

8th Theater Sustainment Command

SCHOFIELD BARRACKS — Family members and friends gathered on Hamilton Field, May 31, to bid a fond farewell to the 524th Combat Sustainment Support Battalion, 45th Sust. Brigade, 8th Theater Sust. Command, before the battalion deploys to Afghanistan.

The 524th CSSB conducted a colors casing ceremony in preparation for its deployment in support of Operation Enduring Freedom, in June.

Upon learning they were tagged for deployment, the battalion steadily prepared for more than a year to depart for Afghanistan. Many training exercises, classes, organizing and qualifications later, and now with the casing of the colors, the unit is ready to tackle the challenges that await it in familiar territory.

"We begin this next rendezvous with the 101st Sustainment Brigade with a heavy heart and eager anticipation," said Lt. Col. James Droppelman, commander, 524th CSSB. "In the past, we've provided rock-solid sustainment support to multiple units throughout (the Pacific Command). We look forward to sustaining the force with lightning support while making our way through any and all challenges to safely make our way back home."

The 524th CSSB has proudly supported OEF since 2004. Its efforts have centered around supplies, water purification, signal support, transportation, finance, shower and laundry, clothing repair and ocean-born transport to enable the warfighter.

"In some fashion, we have supported every joint exercise within PACOM, and every support mission was completed successfully," said Droppelman. "The standard we've achieved is quite an accomplishment."

The 524th is solidly prepared to provide support downrange.

DES: Adults responsible

CONTINUED FROM A-2

abducted, we ask for your strict compliance with all child-related policies, including installation curfew hours.

Parents are ultimately responsible for the welfare of their children and violation of any child-safety policy could result in a citation or constitute child neglect.

Additionally, our Senior Commander (Maj. Gen. Kurt Fuller), reminds us of the heightened risks during installation ceremonies and special events, such as the upcoming Fourth of July Spectacular on Schofield Barracks. Parents must be extra vigilant in watching and maintaining control of their children amid extremely large crowds and heavy traffic.

Please be sure to reference Policy Memorandum USAG-HI 34 (Child Supervision Policy) at www.garrison.hawaii. army.mil/command/documents.htm for information regarding primary child supervision guidelines.

The following are recent cases involving a missing child:

•May 19, at approximately 7:08 p.m., the Schofield Barracks
Police Station was notified of a missing child on Schofield Barracks. The juvenile was last seen boarding the bus at Wheeler Middle School at 2:30 p.m. that day. The missing child was found in the vicinity of the PX at 10 p.m.

•May 21, at approximately 5:53 p.m., the SB Police Station was notified of a 14-year-old runaway on Schofield Barracks who had been missing since 1 p.m. The runaway was located on Waianae Uka Avenue at 8:10 p.m.

•May 23, at approximately 5 p.m., the SB Police Station was notified of a 16-year-old runaway dependent of a service member residing off post. The mother had last seen him at 9:30 a.m. that morning in their residence in Ewa Beach. The runaway was last spotted at 10:30 a.m. at Leilehua High School by his brother's friend. The runaway was located at 7:16 p.m. at the Wheeler Middle School graduation.

•May 24, at approximately 6:38 p.m., the Fort Shafter Police Station was notified of a 16-year-old runaway on Aliamanu Military Reservation. The runaway had been missing for more than nine hours. The runaway had abruptly left the house following an argument with her mother. The runaway returned home the next morning, but immediately fled on foot upon having a verbal dispute with the mother. Patrols were able to make contact with the runaway at the AMR skate park and escorted the runaway back to the mother.

If you see something, say something.

Call 911 if off post or in an emergency situation. Report suspicious beharvior or witnessed criminal acts to law enforcement personnel at Schofield Barracks (655-7114) or Fort Safter (438-7114). Ask about joining or forming a Neighborhood Watch group.

599th, HI Guard upload Chinooks bound for San Diego

Story and photo by **DONNA KLAPAKIS**

599th Transportation Surface Brigade Public Affairs

JOINT BASE PEARL HARBOR-HICKHAM — Soldiers of the 171st Aviation Regiment, Hawaii Army National Guard, uploaded 12 of the unit's Chinook helicopters and other equipment aboard the MV Jean Anne at Pearl Harbor for shipment to San Diego, June 5.

The 599th Transportation Surface Brigade, stationed at Wheeler Army Airfield with the regiment, acted as the single port manager for the loadout.

John Manahane, traffic management specialist for the 599th, said the shipment was originally planned to go by air. Once the decision was made to send the cargo by sea, the brigade and its higher headquarters, Military Surface Deployment and Distribution Command, had a very limited time to react and synchronize the requirement with Fleet Logistics Center Pearl Harbor and commercial industry.

In addition to the time limitations, because of the size of helicopters, very few ships qualified for the cargo. Additionally, this particular shipment was required to go by a U.S.-flagged ship that was built in the U.S., which limited the number of ships that could be used even further, said John Fisher, 599th TSB Pacific Surface Management Office chief.

"It's not like the mainland here; we don't have a lot of ships up and down the coast. Certainly not any that are usually available on short notice," Manahane said.

Luckily, the Pasha Hawaii shipping company's Jean Anne was headed back into Honolulu at exactly the right time and was able to take the shipment.

Although the Jean Anne has adjustable decks, the HIARNG shipment was so large that the ship had to be loaded through the rear cargo ramp, which would not accommodate the helicopters when they were fully assembled, Fisher said.

"Ît's a lot easier for a unit if they don't have to disassemble the rear pylons. The Jean Anne can handle four Chinooks in a sealift configuration without breakdown through the side cargo door," said Fisher.

"After the aft pylons were removed, there was about two feet of clearance going through the cargo door," said Carlos Tib-



Members of Company B, 1st Batalion, 171st Aviation Regiment, Hawaii Army National Guard, upload Chinook CH-47 helicopters and equipment onto the MV Jean Anne at Pearl Harbor, June 5.

betts, 599th TSB Terminals chief.

Once the helicopters were loaded on the vessel, they still had to fit through some narrow spaces to reach the final position at which they would be stowed for the journey.

"I have to give the Guard credit," said Tibbetts. "They moved their own helicopters without stevedores, and even lashed all the cargo once it was loaded onboard. They did a good job."

Tibbetts said the 171st used its own tugs and tow bars to move

the Chinooks.

Manahane said the move took teamwork.

"A short-notice move like this really highlights the close coordination necessary from SDDC, Fleet Logistics Center Pearl Harbor and the commercial carriers to provide service to the warfighter," said Manahane.

The cargo began loading at 7 a.m. and was completely finished by noon, Tibbetts said.



Federal and other firefighters and medical providers triage simulated mass casualty victims during USAG-Hawaii's annual hurricane exercise, June 5. The role players are a mix of Soldiers and family members.

'Makini Pahili' tests hurricane, disaster response

Story and photos by **SGT. MATTHEW RYAN** 25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — Firefighters and emergency medical providers dashed across the field to treat victims of a simulated hurricane that struck the housing area during Makini Pahili (Strong Winds), the annual hurricane exercise (HUREX) for U.S. Army Garrison-Hawaii, May 29-June 6.

The 25th Infantry Division participated, June 5-6, combined with other Army units throughout the island and in conjunction with state and federal assets to test preparedness for a hurricane or other natural disaster event.

"We are working with notional events and simulated events to stress the system to correct

any deficiencies in order to help prepare for the real world event," said Ward Westlake, chief exercise planner for Directorate of Plans, Training, Mobilization and Security.

Westlake was working out of the Emergency Operations Center, where units and assets from across the island are represented in one location to help coordinate relief by working together.

"Soldiers and family members can come to the safe haven buildings for relief until the storm passes," said Staff Sgt. Rasheedah Davis, a human resources specialist with 715th Military Intelligence Battalion, 500th Military Intelligence Brigade.

Davis said the shelters could provide a safe place to stay, food and water for more than 250



Soldiers and civilians in the Emergency Operations Center, Wheeler Army Airfield, work through various simulations to coordinate resources and assets from across the island during U.S. Army Garrison-Hawaii's annual hurricane exercise.

people in just one building.

"We can house displaced people for 72 hours, but we can request for seven days depending on the severity of the storm," she added.

Soldiers with 225th Brigade Support Battalion, 2nd Stryker Brigade Combat Team, 25th ID, role-played victims of a hurricane and displaced victims seeking shelter.

"The realistic looking wounds they put on us

"The realistic looking wounds they put on us were very impressive," said Spc. Brandon Tupua, a petroleum supply specialist with Company A, 225th BSB, 2nd SBCT, who portrayed a victim with a head injury.

Tupua and other Soldiers with simulated injuries were scattered on Watts Field. The fire department was notified about the victims and responded to the scene within minutes.

Tupua said, once the firefighters and medical teams reached the field, they jumped into action treating the causalities. Soon after the first responders arrived, the medical airlift had landed and was taking the first load of patients away.

"We try to provide the most realistic situations for training purposes for the medical personnel," said Sgt. Mary Frazier, radiologist, Tripler Army Medical Center. "We can replicate everything from bruises and blis-

ters to impaled objects and missing limbs."

Makini Pahili encompassed a broad spectrum of Army units, civilian, state and federal assets all designed to ensure that Soldiers and family members are provided the best care in a natural disaster.



Sgt. Mary Frazier, radiologist, TAMC, applies realistic looking special effects makeup to role player Spc. Brandon Tupua, 225th BSB, 2nd SBCT, 25th ID, for actual first responders to react to during a mass casualty exercise on Schofield Barracks. Tupua and others had their simulated wounds treated before being transported to local hospitals.



Firefighters treat Soldiers and family members, who were playing the part of victims, on Schofield Barracks' Watts Field during U.S. Army Garrison-Hawaii's annual hurricane exercise, June 5.

New pet rules affect U.S. military personnel in ROK

WALTER HAM IV Army News Service

YONGSAN GARRISON, South Korea — A new pet law affects U.S. military personnel bringing pets into South Korea, according to an Army veterinary official, here.

Maj. Lane Hansen said stricter new rules went into effect in December 2012 that impact U.S. military pet owners serving in Korea or moving to the

Hansen, the clinic operations officer for the 106th Medical Detachment Veterinary Service Support, said the new rules are designed "to prevent introduction of animal transmitted diseases.'

Pet Information

For more details on pet importation requirements, visit 106th Medical Detachment Veterinary Service Support page at www. korea.amedd.army.mil/veterin ary/index.html.

The new Korean law requires all dogs over three months old to have an ISO-standard microchip implanted. It also requires them to be registered, kept on a leash outside and muzzled if the dog is "fractious" or testy.

Dogs considered "fractious" are Tosas, American Pit Bulls, American Staffordshire Terriers and Rottweilers, or mixes of those dog breeds. Dogs that are aggressive to people must also be muzzled.

Hansen said U.S. Forces Korea policy also requires all pets to be vaccinated for rabies and communicable species-specific diseases, to have microchips implanted and to be registered at the Veterinary Treatment Facility on base.

The new law also requires additional steps to import pets into Korea. Not complying with the new rules can be costly.

"It can cost owners from \$200 to \$600 or more for each animal they bring into the country if not done properly," said Hansen.

Korea allows pet owners to bring up



New South Korean pet rules that went into effect in December 2012 impact American military pet owners serving in Korea or moving to the peninsula. (Courtesy photo)

to four pets into the country, but Hansen said pet owners should check installation housing policy first.

Hansen encourages U.S. military personnel to do their homework before bringing pets to Korea.

"Those who have the required documentation have minimal headaches with entry," said Hansen.



Soldiers and civilian employees to news@ hawaiiarmyweekly.com.

Today

Happy Birthday — This evening, U.S. Army-Pacific celebrates the 238th Army birthday at the USARPAC Army Birthday Commemoration at Waikiki's Hilton Hawaiian Village. The formal portion of the evening begins at 6:30 p.m.

AC Backlog - Due to manpower shortages, the garrison Directorate of Public Works is

currently experiencing a backlog of 300 trouble calls on air conditioning window units. The backlog does not apply to family housing.

DPW will respond to requests in the order received and expects this condition to last for four months or more. Customers are asked to be patient.

\$500 Reward! — Missing ring of gold band with three pearls of gold, white and black. The reward is more than the ring is worth, but the ring has sentimental value.

Ring may be turned in at the front desk of Building 673 (ASAP office.) Call 222-8057.

If the finder wishes to remain anonymous, include an address and a money order will be sent.

Noise Advisory Schofield residents may experience an increase in noise. result of ongoing Hawaii Army National Guard field artillery training exercises.

Smoke may be visible for a short time; however, there is no immediate danger. Call 733-

17 / Monday

Traffic and Outage Alerts Infrastructure construction work begins on Schofield's Mc-Cornack Road, which will remain open weekdays with lanes being shifted to accommodate the construction. There will be contra-flowed traffic on Saturdays/training holidays, and times when the section of Mc-Cornack from Tidball Street to Cadet Sheridan Road will be closed on Saturdays or training holidays. The work should be

done by Oct. 5. Call 656-3272. •A power outage will affect traffic lights at the intersections

8 a.m.-9 p.m. until June 21, as a of Trimble and Cadet Sheridan, and McCornack and Cadet Sheridan, as well as the Class 6/furniture/military clothing sales (Building 3320) and First Hawaiian Bank from 7-9:30 a.m. Call 656-0575.

•At Fort Shafter, Warner Road at Wilson Road (the Exchange intersection) will be closed for construction until June 28. Call 835-4229.

•Helemano Military Reservation will see partial road closures between Mua Road and Kekona Road, 8 a.m.-3 p.m. The work will be performed in five phases. Phase I-V will occupy the north side of the Paalaa Uka Pupukea Road until July 19. During all phases, outbound traffic must yield to incoming traffic on Palaa Uka Pupukea Road. Watch for signs and barriers for closing each side of the roadway. Call 387-

24 / Monday

ICS 300 & 400 — Attend FEMA's Incident Command System training courses 300 and 400. Register at www.even tandexercise.com/homepage.p hp?eventid=124 or call 438-

26 / Wednesday

Pedestrian Bridge — A project to remove and replace the Fort Shafter pedestrian bridge begins, with completion expected Oct. 30. The parking lot, adjacent pedestrian bridge and nearby walkways will remain open except for no pedestrian access Aug. 26-Sept. 8. Call 656-2525.

29 / Saturday

Wheeler Power Outage - All of Curtis and Sperry Loop's units between Liliienthal and Fruchey roads, including both sides of Vought Avenue, will see a power outage from 7 a.m.-3 p.m. Affected units are 602-606, 610-636, 638, 640, 642, 644, 700-722, 724-735. Call 655-1022.

July 9 / Tuesday

AFCEA Luncheon — The **Armed Forces Communications** and Electronics Association (AFCEA) hosts a luncheon, 11 a.m., July 9, at the Hale Ikena Club, Fort Shafter. Cost is \$14 for AFCEA members who preregister, \$17 at the door or for nonmembers.

Register online at www.afcea hawaii.org.

15 / Monday

CIF Closure -Schofield Central Issue Facility closes for inventory, reopening July 29. Special needs will be case-by-case. Call 655-8120.



HAWAI'I RMY WEEKLY

"When work is finished."

www.hawaiiarmyweekly.com

FRIDAY, June 14, 2013



Soldiers with the 8th Theater Sustainment Command hit the streets to help homeless veterans during the "Soldier for Life" Veteran's Outreach Program, Tuesday. (Photo by Sgt. Tiffany Fudge, 8th Theater Sustainment

Soldiers, civilians never leave a fallen comrade

STAFF SGT. GAELEN LOWERS 8th Theater Sustainment Command **Public Affairs**

HONOLULU — More than 50 U.S. Army-Pacific volunteers hit the streets of downtown, here, Tuesday, to offer support to homeless veterans as part of an islandwide outreach effort.

The group of Soldiers and nurses from the 8th Theater Sustainment Command, Tripler Army Medical Center, 25th Infantry Division and 205th Military Intelligence Brigade worked in conjunction with Veterans Affairs and the Institute for Human Services (IHS) Men's Shelter to find and educate homeless veterans on the benefits available to them, while also linking them with medical care and shelter resources.

"We're here because we're giving back," said Master Sgt. Mattie Smith-Clayton, a volunteer with the 8th TSC. "It will let them know that someone else has hope for them. People notice who they are. They are human beings. Once we instill in them the respect that we have for them, it may influence them to turn their lives around."

The volunteers split into four outreach groups and three lapor teams, each with an IHS stall member to guide them in how to establish relationships with and handle the variety of needs of those they interacted with.

The outreach groups visited Chinatown, Aala Park and Iwilei Street areas, meeting and encouraging more than 10 homeless veterans to begin the process of claiming their benefits and getting back on track.

The labor teams delivered furniture and appliances from a



Soldiers with the 8th TSC, TAMC and the 25th ID unload appliances from a church in Ewa Beach to an emergency bed house that will eventually shelter as many as 20 homeless veterans at a time during the "Soldier for Life" Veteran's Outreach Program, Tuesday. (Photo by Staff Sgt. Gaelen Lowers, 8th Theater Sustainment Command Public Affairs)

church in Ewa Beach to an emergency bed house that will eventually shelter as many as 20 homeless veterans at a time.

In the afternoon, the group reunited and traveled to the Nimitz underpass, an area heavily populated with homeless

"We wouldn't be where we are today if it wasn't for the veterans that came before us," said Smith-Clayton. "We're always going to be Soldiers for life."

This theme, "Soldiers for Life," was simultaneously echoed by more than 250 other volunteers working with eight veteran's organizations across Oahu as part of a USARPAC initiative to reinforce each Soldier's commitment to never leave a fallen com-

"Everyone has a vested interest here," said Smith-Clayton. "We're not just Soldiers for life; we're people for life."

(Editor's note: For more about the Veterans Outreach Program, see next week's "Hawaii Army Week-

ly" for a special Pacific Army Week fourpage pullout.)

Soldiers with the 8th TSC. 205th MI Bde. receive their assignments before hitting the streets during the 'Soldier for Life" Program. (Photo by Sgt. Tiffany Fudge, 8th Theater Sustainment Command Public Affairs)



HONOLULU — Spc. Vanessa Irvin (left) and Spc. Kendrick Coleman, both with 311th SC (T), apply varnish to a table at the Tripler Army Medical Center's Center for Aging, here, Tuesday, as part of a veteran's outreach event to commemorate Pacific Army Week. (Photo by Spc. Nikkoangelo Matos, 311th Signal Command (Theater) Public Affairs)

311th SC helps Center for the Aging

MAJ. AVON CORNELIUS 311th Signal Command (Theater) Public Affairs

TRIPLER ARMY MEDICAL CENTER — "I will never leave

a fallen comrade.'

While this statement usually refers to conditions on the battlefield, it can also be applied to life back on the home

Ten Soldiers from 311th Signal Command (Theater) and

five from 500th Military Intelligence Brigade participated in a veterans outreach program, sponsored by U.S. Army-Pacific, at the Center for the Aging, Tripler Army Medical Center, Tuesday.

"I really wanted to come out and help the vets," said Master Sgt. Keela Smith, retention noncommissioned offi-

See PARTNER B-4

45th honors veterans

Story and photos by

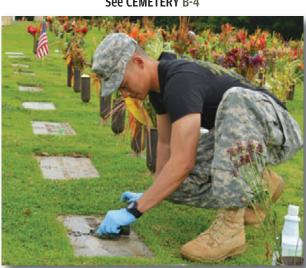
SPC. ERIN SHERWOOD 45th Sustainment Brigade Public Affairs 8th Theater Sustainment Command

KANEOHE — More than 30 Soldiers with the 45th Sustainment Brigade, 8th Theater Sustainment Command, connected with history by visiting the Hawaii State Veterans Cemetery, as part of an islandwide outreach effort, Tuesday.

The Soldiers worked to gently clean hundreds of the 9,000 burial headstones blackened from years of Hawaiian weather.

For many warriors, the event was a chance to reflect on their own feelings about their involvement in the community.

See CEMETERY B-4



Sgt. Kevin Barcena, volunteer with the 45th SB, 8th TSC, works to clean a headstone at the Hawaii State Veterans Cemetery, Tuesday, as part of an islandwide outreach effort.



Today

Pau Hana Social Hour -Kolekole Bar & Grill hosts an afterwork fun time, Monday-Wednesday, 4:30-6:30 p.m.; Thursday-Friday, 4-6 p.m. Enjoy discounted appetizers and domestic draft beverages. Call 655-

15 / Saturday

"Mighty Mo" Free Admission - To celebrate the Army's Birthday, the USS Missouri will be offering free admission for kama'aina and Army military personnel, which includes active duty, Reserve, retired, auxiliary and dependents (or anyone with current Army ID). Call Leisure Travel Services at 438-1985 or 655-9971 for more information.

Summer Blast Foam Party — Bubbles just for kids? Tropic Warrior Zone hosts the 18 and older party, 9 p.m.-1 a.m. Beachwear suggested; bring a friend. Call 655-5698.

16 / Sunday

Father's Day Brunch -Kolekole Bar & Grill and Hale Ikena will celebrate dad's day, 9 a.m.-2 p.m., with a special treat at this annual club tradition. Reservations strongly suggested. Call 438-1974 (FS) or 655-4466 (SB). Military discount of 10 percent for active duty and 20 percent for E1-

Father's Day Bowl — Follow brunch at the Schofield and Fort Shafter bowling centers for free bowling for dad. Times will be 9 a.m.-5 p.m., SB (655-0573), and 1-5 p.m. for FS (438-6733).

18 / Tuesday

Summer Reading Program — Hawaii Army Libraries hosts this summer program with this year's theme, "Have Book, Will Travel!" Open to children ages 3-5, 6-11, 12-18 and adults. Each week, a special entertainer rewards progress.

•June 18 and 20, sing along with Uncle Wayne; and

•June 26 and 27, Magician Kelvin

Registration is required. Program runs June 10-July 13. Call either SB Sgt. Yano or FS library for questions.

Taco Tuesday Night — Kolekole

HT TRIBU E TROOP SATURDAY, JUNE 15, 2013 3PM TO 9PM

Free Sea Life Park USO event offered to military, families

KRISTIN TIERNEY USO Hawaii

HONOLULU — USO Hawaii proudly presents "Twilight Tribute to the Troops" at Sea Life Park, Saturday, June

The event is an exclusive night out for military and their families to enjoy the park for free with valid DOD or dependent ID.

From 3-9 p.m., the park will be closed to the public so that military and their families can enjoy all the attractions, plus giveaways and keiki activities, including a keiki ID station.

The night will culminate with special entertainment from Chief Sielu, featuring performances from his famed

"USO Hawaii looks forward to hosting our Hawaii service members for this inaugural event," says Leigh Graham, area director, USO Hawaii and Guam. "They do so much for us, and we look forward to giving them a oncein-a-lifetime experience."

No RSVP is required; just bring your military or dependent ID to the gate for entrance. Valid IDs include Reserves, retired, active duty and dependent.

At 6 p.m., a barbecue features discounted meal deals for those in attendance to enjoy.

Parking is limited at Sea Life, so carpooling is highly recommended. Free off-site parking is available at Bellows AFB with continuous shuttle service to and from Sea Life Park, beginning at 3 p.m.

Twilight Tribute to the Troops

What: A free USO appreciation event for military and their families.

When: Saturday, June 15, from 3-9 p.m. Where: Sea Life Park

For more information about USO Hawaii and Twilight Tribute to the Troops, visit facebook.com/ HawaiiUSO.

Bar & Grill offers three tacos, rice and beans specials for \$4.99. Call 655-

19 / Wednesday

New Drawing Classes — Learn basic cartoon drawing at the SB Arts and Crafts Center, with creativity and confidence, by taking the mystery out

Wednesday sessions follow:

•Adult class, 10 a.m.-12 p.m., \$35. •Teen class, 2-3 p.m., \$25.

All supplies included; preregistration required. Call 655-4202.

BOSS Meetings — Single Soldiers and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs.

•South meetings, 11 a.m., 2nd and 4th Wednesdays, FS Bowling Center.

•North meetings, 2 p.m., every 1st and 3rd Wednesday, Tropics Warrior Zone.

Call 655-1130.

20 / Thursday

Tropics Poker Tournament — Texas Hold'em poker, 6 p.m., at Tropics Warrior Zone, SB, every Thursday. The free weekly tournament is open to all ID cardholders, 18 and older. Call 655-5698.

21 / Friday

Lei Making Workshop — SB Arts and Crafts Center hosts the great Hawaiian tradition of lei making every third Friday of the month from 1-3 p.m. Call 655-4202 for preregistration.

Ongoing

Reservations for Fourth of July Spectacular — Reserve your picnic

site, in the Special Events Office, for the Fourth of July Spectacular festival of fireworks and live entertainment that lasts from 10 a.m.-9 p.m. Enjoy games, rides, food, a mechanical bull ride, crafts, prizes and much more.

For just \$75, get a reserved 20x25 space for your family and friends, the perfect space for grilling and viewing all entertainment and fireworks.

Visit himwr.com or call 655-0113 or

RV/Boat/Jet Ski Lot — Store recreation equipment. Auto Skills is \$40 for 16-foot and below and \$50 for above 16-feet. Call 655-9368.

AMR Pool — Summer hours are underway Mondays-Wednesdays and Saturdays-Sundays, 11 a.m.-5 p.m. AMR is closed Thursdays-Fridays.

Swim classes are available. The season runs through Oct. 16. Call 833-

community Calendar

Send announcements a week prior to publication to community@ hawaiiarmyweekly.com.

Today

Noise Advisory — Residents in the immediate vicinity of SB may experience an increase in noise as a result of Marine Corps and Hawaii Army National Guard field artillery training exercises, June 10-21, between the hours of approximately 8

Overcast conditions may increase noise and vibrations, and smoke may be visible for a short time; however, there is no immediate danger.

The military services appreciate the community's understanding and continued support of local service members and families. While sometimes loud, the sounds of training represent how the military ensures the nation's service members are ready to accomplish the mission and return home safely.

To report concerns related to noise or training, call the USAG-HI Noise Concern Line at 656-3487. The USAG-HI Public Affairs Office re-

JOINT BASE PEARL HARBOR-HICKAM — In celebration of the Army's birthday, the USS Missouri, located here, is offering free admission for U.S. Army personnel, to include active duty, Reserve, retired, auxiliary and familiy members, with proper and current Army military ID, June 15-16. (Photo courtesy Battleship Missouri Memorial)

sponds to all reported concerns during regular business hours, 8 a.m.-4 p.m., Monday through Friday.

Army Birthday Commemoration - USARPAC will hold a commemoration for the Army's 238th

Recreation

birthday at 6:30 p.m., June 14, at the Hilton Hawaiian Village. Cocktail hour begins at 5:30 p.m. For more details, contact your unit representative or call 438-9761.

Commissary Celebrates Birthday — The Schofield Commissary will celebrate the Army's birthday with free cake, prizes and minisidewalk displays, June 14, during regular business hours, for all authorized Commissary patrons.

15 / Saturday "Mighty Mo"

Free Admission — To celebrate the Army's Birthday, the USS Missouri will be offering free admission for kama'aina and Army military personnel, which includes active duty, Reserve, retired, auxiliary and dependents (or anyone with current Army ID). Call FMWR Leisure Travel Services at 438-1985 or 655-9971.

"Flutter: A Green Experience" Opens June 15 as Pearlridge Center's 16th annual free summer exhibit for families. The museum-quality display features a host of eco-friendly, hands-on educational activities, including a Butterfly Pavilion, Keiki Exploration Station and educational workshops.

Exhibit open during center hours through July 14.

See COMMUNITY CALENDAR, B-5

Calendar abbreviations

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company gram

ASYMCA: Armed Services YMCA

CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Pro-FMWR: Family and Morale, Welfare and

FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-

Hawaii USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield

worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates

AMR: Aliamanu Chapel Fort DeRussy Chapel Helemano Chapel Main Post Chapel,

and Support Staff" menu.)

Schofield Barracks Aloha Jewish Chapel, Pearl Harbor Soldiers' Chapel,

Schofield Barracks TAMC: Tripler Army Medical Center Chapel

WAAF: Wheeler Army Airfield Chapel

Buddhist Services •First Sunday, 1 p.m. at FD

•Fourth Sunday, 1 p.m. at MPC Annex Catholic Mass

•Thursday, 9 a.m. at AMR

- •Saturday, 5 p.m. at TAMC, WAAF Sunday services:
- 8:30 a.m. at AMR
- -10:30 a.m. at MPC Annex
- -11 a.m. at TAMC •Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

•Sunday, noon. at MPC •Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study •Friday, 1 p.m. at MPC Annex

- •Friday, 2:30 p.m., TAMC •Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex
- Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

Pagan (Wicca) •Friday, 7 p.m. at MPC Annex

Room 232

Protestant Worship

- Sunday Services -8:45 a.m. at MPC
- -9 a.m., at FD, TAMC chapel
- -10 a.m. at HMR
- -10:30 a.m. at AMR
- -10:45 a.m. at WAAF (Spanish language)
- -11 a.m. at SC (Contemporary)

Liturgical (Lutheran/Angli-

•Sunday, 9 a.m. at WAAF



Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.

The Great Gatsby

(PG-13) Fri., June 14, 7 p.m. Thurs., June 20, 7 p.m.

Iron Man 3

(PG-13) Sat., June 15, 1 p.m. Sun., June 16, 2 p.m.



World War Z

Studio Appreciation

Stand in line for advance screening for free available AAFES tickets. (Most were distributed June 7.)

Additional available seating for non-ticket holders goes 30 minutes prior to showing.

(PG-13)

Sat., June 15, 6 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

COMMUNITY HAWAII ARMY WEEKLY JUNE 14, 2013 | B-3

JROTC, 2nd SBCT conduct Adventure Summer Camp

Story and photo by
MAJ. CHEREE BROWNE
2nd Stryker Brigade Combat Team
25th Infantry Division

SCHOFIELD BARRACKS — The Punahou High School JROTC magnet program draws in students from surrounding military communities on Oahu to participate in a program designed to develop lifelong leadership skills and community service initiatives in high school teenagers, according to its website.

Soldiers from 1st Battalion, 21st Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th Infantry Division, assisted these cadets during the 2013 Punahou Adventure Challenge, at East Range, here, June 6.

Approximately 82 JROTC cadets from schools throughout Hawaii participated in training, such as rappelling, land navigation and leadership reaction courses.

As part of the 2nd SBCT's community relations program, 1-21st provided combat lifesavers and obstacle course quality control officers in support of the event. The adventure challenge exposed cadets to physical challenges in a military setting and also allowed them to interact with Soldiers currently serving in the military.

Retired Lt. Col. Robert Takao, Punahou JROTC's senior Army instructor, praised members of the military, specifically the Soldiers of the 1-21st for their support.

"We could not have done this without the



Soldiers from 1st Bn., 21st Inf. Regt., 2nd SBCT, 25th ID, assist Junior Reserve Officer Training Corps cadets during the 2013 Punahou Adventure Challenge, June 6. Approximately 82 cadets from schools throughout Hawaii participated in training such as an obstacle course, land navigation and leadership reaction courses.

selfless support of the Soldiers that supervised the adventure challenge," said Takao. "Relationships are what it is all about, and we are one big team together."

Staff Sgt. William Scaryver, a scout platoon team leader with 1-21st, was the noncommis-

sioned officer in charge of the obstacle course. He said JROTC cadets completed a road march to the obstacle course and then received an introductory orientation to the course.

"The obstacle course is designed to test not only the cadet's technical and tactical knowl-

edge, but also his or her physical, mental and emotional endurance and resilience," said Scaryver. "When you tie these all together, it's the total Soldier concept. I think this was a great opportunity to help develop future Soldiers while also fostering the military and school partnership program."

Emily Hambiel, a 2012 graduate of the Punahou JROTC program and a current sophomore at Harvard University, returned to Hawaii specifically to participate in the Punahou JROTC summer camp.

"It has been great to be involved in the JROTC program. I was able to participate in this event throughout my four years at Punahou and returned as a cadre to mentor new JROTC cadets," said Hambiel. "Being able to talk to Soldiers about leadership, basic training and career opportunities inspired me to pursue a career as a U.S. Army medical officer (and) also helped me develop some great friendships and feel like a member of a team."

Takao agreed, saying the most important aspect of the program, like the military, is the lifelong camaraderie and friendships formed among the 82 cadets, headed only by Takao and retired Command Sgt. Maj. Gary Mobley.

"We couldn't do it without the help of others, and I am so appreciative of the 1-21 Gimlets," Mobley said. "It has been a great experience for the Punahou JROTC program."

(Editor's note: Browne is the Information Operations officer at 2nd SBCT.)

4.5 million coupon downloads by Commissary card users

CHERIE HUNTINGTON

Defense Commissary Agency

FORT LEE, Va. — After little more than just six months of service, the Commissary Rewards Card continues winning prominence in customer wallets and purses worldwide.

The card gives customers access to digital coupons redeemable at any of the Defense Commissary Agency's 247 stores.

"Our customers love the Commissary Rewards Card," said Joyce Chandler, acting director of Sales. "It's hard not to! It saves you time, effort and money, plus reduces the number of paper coupons you have to clip and carry."

More than 600,000 cards have been registered by shoppers, who have downloaded more than 4.5 million coupons so far. That means bigger savings for them, on top of the

commissary's usual savings of 30 percent or more.

"We're averaging more than 120 coupons available at any given time," said Marye Carr, DeCA's Rewards Card program manager. "New coupons are loaded nearly daily. Our industry partners are stepping up with

great coupons on all kinds of items everyone uses every day. If you're not using your card, you could be throwing away significant savings."

Carr said many customers find it handy to print a list of their coupons before making the trip to the commissary to help them keep track of their savings.

"The card provides a new way to save, in ad-

dition to your paper coupons," she said. "Commissary shoppers love coupons, so this is another way to increase buying power." Using the card is simple.

Once patrons pick up a card at

their commissary, they visit DeCA's website to register it, and then load digital coupons directly to their account. Then, when the cashier scans the

account. Then, when the cashier scans the card, the coupons are matched to items purchased, and savings are automatically deducted from the total bill.

Rewards Card digital coupons disappear from your account when they expire. Like paper coupons, they can't be combined with other coupons on the same item, and they have expiration dates and other redemption terms

DeCA Online

To learn more about the card or sign up to be notified of updates, including new coupon alerts, go to www.commissaries. com/rewards subscribe.cfm.

A customer service hotline can be reached at (855) 829-6219 or through email at commissarysupport@inmar.com.

and conditions.

Overseas, digital coupons will not be accepted for up to six months after expiration, as paper coupons are, because the coupons are instantly available to all customers worldwide. That means overseas customers don't need extra time to use the coupons.



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A Father's Day card brings back memories

My 40-something brain regularly forgets that my sunglasses are perched on my head, can't remember where I parked the minivan and compels me to walk around my house mumbling to myself, "Now, why did I come in here

again?"

However, for some unknown reason, I have an incredibly detailed memory of my

I don't have a perfect chronological recollection of my upbringing; instead, I have an almost photographic memory of certain mundane, seemingly unimportant occurrences, like climbing my neighbor's tree or eating dry Tang out of the jar with my licked

It's as if I can transport myself back in time and re-experience all the sights, sounds, smells, tastes and feelings all over again.

Sometimes, if one looks at snapshots or home movies, one can artificially remember the events depicted. However, other than a couple shaky 8 mm films in my mother's attic (without a workable projector to watch them) and a few yellowing photo albums (with a clear preponderance of shots of my older brother, I might add), my family did not regularly memorialize events on film. Therefore, my childhood memories

are totally legit. A couple weeks ago, I was at Walmart buying cards for Father's Day. Our kids think their dad is the greatest thing since Double Fudge Cookie Dough Blizzards, so they were happy to help. While they looked for cards, I figured I'd get one for my own fa-

I read card after card, but could only mumble to myself, grimace and shake my head. None seemed to fit my complex circumstances. None described our complicated relationship. None communicated the vastly mixed emotions and unique bond that my father

The kids were done, so I sent them to find a gallon of milk to buy me more time. Stop over thinking this, I said to myself. There must be something here that you can send to dad.

Before picking up another card, I tried to remember how I felt about my dad when I was a kid. ... Before my marriage to my Navy husband emptied my parents' nest. Before my parents got divorced. Before my dad resented me for not speaking to him for five years. Before I resented him for breaking up our family. Before we butted heads trying to form a new relationship. Before we had to forgive each other.

kid and he was just my dad.



As the details of my childhood awoke from hibernation, vivid scenes began to flash in my mind.... Dad taking out his false tooth (college football accident) on a family road trip, and talking to the tollbooth operator with a fake hillbilly accent, just to make my brother and I laugh. Dad letting me skip school to go with him to Pittsburgh for business, and me throwing up peanut butter cookies in the air conditioning vents of his Buick on the way.

Contributing Writer

I also thought of dad lying shirtless on the floor, so my brother and I could draw on his back with ink pens while he watched golf tournaments. Dad lecturing my brother and me at the dinner table on report card day. Dad explaining to the police officer why he was teaching me how to do doughnuts in the icy natatorium parking lot after swim practice one night. Dad handing me an old tube sock filled with tools - a small hammer, screwdrivers, pliers — before I left for college. Dad

nervously walking me down the isle at my wedding.

One memory led to another, and to another.

Then, my mind was seized by one final recollection, which ended my paralyzing over-analysis.

I could see my father lifting me from the backseat of our station wagon. I had fallen asleep on the way home, but woke up when my parents pulled into the driveway.

I kept my eyes closed and pretended, lazily allowing my arms to drape around my father's neck and

my head to lie upon his shoulder. I bobbed gently as he walked through the house and into my yellow bedroom, where he laid me in my mock brass bed, removed my shoes and tucked the covers around my chunky little frame.

I felt him kiss my forehead, and then, he stood there and waited a moment before he turned and left the room.

Suddenly, there at the Walmart, the Father's Day cards on the rack had relevance. My father raised me, protected me, cared for me, loved me.

I love and appreciate him.

Enough said. (A 20-year Navy spouse and mother of

three, Lisa has plenty of humor to share in her column, "The Meat and Potatoes of Life," which appears in military and civilian newspapers and on "Stripes Military Moms" website, at www.themeatandpotatoesoflife.com and follow @MolinariWrites.)

PARTNER: Units help elderly housing

CONTINUED FROM B-1

cer, 311th SC(T). "It was a great opportuni-

311th Soldiers teamed with the staff at Tripler to make the event a success.

The Soldiers spent the day speaking with and spending time with veterans living in the facility who don't often have the opportunity to receive visitors. They also sanded tables and varnished chairs used by veterans living in the Center for the Aging.

"It was awesome to get an opportunity to

talk to veterans from different eras and different branches of the armed forces," said Master Sgt. Kristen Haloj, Staff Judge Advocate NCO, 311th SC(T).

The event was hosted by USARPAC as part of Pacific Army Week, a weeklong celebration of the Army's 238th birthday. Other events during the week included a golf scramble, softball game and birthday commemoration.

(Editor's note: See next week's "Hawaii Army Weekly" for a special four-page pullout on Pacific Army Week.)



Members of the 45th Sustainment Brigade, 8th Theater Sust. Command, work together to clean headstones at the Hawaii State Veterans Cemetery, Tuesday, as part of an islandwide outreach effort.

CEMETERY: Headstones are cleaned

CONTINUED FROM B-1

"This is where I live," said Pfc. Angel Edmonds, 540th Quartermaster Company. "In my opinion, you should want to help out, want to make your community a better place, because you're part of it."

The cleaning was hard and tedious work, but Edmonds said she didn't mind.

"You learn a lot doing this," she said. "You

see people smile when they walk up to the headstone, and it's all clean. It makes the hard work worth it."

"Having the volunteers here is great," said Willie Hirokane, cemetery operations manager. "Having clean headstones enhances the whole cemetery for families.

"When they come out and see everything clean, it projects a good image to the community," he said.





Soldiers from the 84th Eng., 130th Eng. Bde., 8th TSC, and students from Mililani Uka Elementary School have fun at the parachute station during the school's "GET FIT!" event, recently.

Soldiers, students team up to 'GET FIT!'

Soldiers maintain yearlong ties with Mililani Uka Elementary School

Story and photos by **2ND LT. ANGELA SMITH**

84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

MILILANI — A team of Soldiers from the 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, spent their morning volunteering with students from the Mililani Uka Elementary School in support of the school's "GET FIT!" event.

Each Soldier was paired with a class of approximately 20 students to work out with, guide and motivate through a series of fitness stations.

Everyone was challenged with a series of circuit workouts, parachute games, water relays and even dancing. Lance Fujioka, the school's physical education teacher, appreciated the support from Soldiers helping to run each station.

"The 84th Engineers were an integral part of a successful field day," he said. "Thousands of smiles and memories were made. Thanks to their help!"

The students and Soldiers alike enjoyed the

opportunity to enjoy fitness and learn from one another.

"Thank you to our military partners for help-



Staff Sgt. Christopher Fleischer, geospatial engineer, 70th Geospatial Company, 84th Eng. Bn., 130th Eng. Bde., 8th TSC, stretches with students from Mililani Uka Elementary School during the school's "GET FT!" event.

ing us get fit!" exclaimed student class president Krysta Reese.

Another student, Maysa Segovia, said it was fun because the engineers had great ideas and different and fun ways to get exercise.

Following the event, the students and Soldiers bonded over a well-earned lunch in the school cafeteria.

"My favorite part was seeing the interaction the Soldiers had with the students at lunch," said Norma Tansey, Mililani Uka school event coordinator. "The engineers are heroes in the eyes of every student, not just for helping with our fitness day, but for everything they come and assist with at Mililani Uka.

"Thank you for serving our country and community with excellent role modeling for our students," Tansey added.

The partnership between the school and the 8th TSC remains strong. This event was one of 15 and 410 hours that the 84th Eng. Bn. has volunteered throughout the school year.

The mutual appreciation from the school shared with the unit's willingness to serve is integral to the overall effort to strengthen the bond connecting the military and civilian residents on Oahu.



CONTINUED FROM B-2

Admission to the Butterfly Pavilion, open 10 a.m.-8 p.m., Monday-Saturday, and 10 a.m.-6 p.m., Sunday. Cost is \$3; keiki under 8 are free with a paying adult.

27 / Thursday

Free Magic Classes — The International Brotherhood of Magicians hosts magic classes, 6 p.m., Kalihi-Palama Library. The fourth Thursday of every month features a free introductory class to the public.

A different aspect of beginner's magic is taught every month, except November and December. For more details about the club, go to www.hawaiimagicclub, or call Richard Bautista, president, 216-9672.

28 / Friday

Commissary "Farmer's Market" — The Schofield Barracks Commissary will hold an outdoor Farmer's Market during regular business hours, June 28-30. It will feature Commissary produce specials for all authorized Commissary patrons.

29 / Saturday

"Fellowship in the Park" — TAMC Chapel sponsored outreach event, 4:30-6:30 p.m., Fort Shafter Softball Field, features barbecue, live music and keiki activities.

Outdoor movie, with popcorn, "Life of Pi" follows, beginning at 7 p.m. Bring lawn chairs and blankets. Call 433-5727.

July

4 / Thursday

MCBH July 4th Run — Join the Marines and Sailors of Marine Corps Base Hawaii, Kaneohe Bay, 6:30 a.m., for the VP-47 5K Runway Run. The race is open to the public.

Find information and registration at www.mccshawaii.com/races.

HEALTH HAWAII ARMY WEEKLY

'Maintenance' checkups a key for men's health

DR. JAMES CARTWRIGHT

U.S. Army Public Health Command

Did you know that June is Men's Health

If you are a male, you have most likely seen a doctor out of necessity, but when confronted with specific questions about men's health, you may have some shortcomings.

In searching the wisdom of the Internet on men's health, it turns out that men are pretty special when it comes to taking health risks. In fact, men are more likely than women to smoke and drink, make unhealthy or risky choices, and put off regular checkups or seek medi-

cal care. Overall, evidence indicates that men ought to pay more attention to their health and wellbeing.

But how much is enough? To have a good

car maintenance and to understand the imporgrasp on men's tance of preventative care. (Courtesy photo) health care, an analogy using cars may help. Apparently,

most men understand about and relate to cars. Statements like, "Your car gets routine checkups, so should you," and references to a "men's health tuneup schedule" might be helpful, but the fact is, many men neglect their car's maintenance.

To the relief of many men, the U.S. Preventive Services Task Force rejected the idea that the standard annual physical exam is an effective tool for improving the health of patients. It suggests that exams need to be tailored to the age, health risks and preferences of the patient. If you are a man, you might like this, but do not be surprised if your wife likes the car analogy better.

So, what should men do to maintain good health? It turns out that it's really quite sim-

Most experts agree that men should do, or not do, these things: don't smoke, be physically active, know your body, eat a healthy diet, stay at a healthy weight, manage your stress, sleep well and drink alcohol only in

Note that these measures also enhance mental and spiritual wellness, which is im-

> have higher suicide rates than women. In addition, it is important to partner with your physician to choose a preventive health care program suited to your special needs.

portant since men

Many of the major health risks that men face, such as colon can-

cer or heart disease, can be prevented. They also are easier to treat when found early.

To ensure your body continues to be fit and ready, eat healthfully, sleep well, be physically active and follow a preventive maintenance schedule.



Men are encouraged to view their health like their

Interested in learning more about men's health? Visit Men's Health MedlinePlus at www.nlm.nih.gov/medline



plus/menshealth.html.

Preventive Maintenance Schedule

- •Regular blood pressure screenings.
- •Cholesterol screenings for all men 35 and up, or 20 and up, if there are other risk
- •Colorectal cancer screening age 50 and
- •Tetanus booster every 10 years for men
 - •Flu shots, every year, for men over 50.
- Prostate cancer screenings based on individual factors.
- •Diabetes screenings for adults who have high blood pressure or high cholesterol.
- •Monthly self-exam for irregular moles with annual visit to a dermatologist for complete exam.
- •The American Cancer Society recommends annual cancer screenings with a tes-